

Our Westside story



May Dugan
Center
Est. 1969

WINTER 2024

A LEGACY OF CARING A TRADITION OF RESPECT

SERVING
20,000+
PER YEAR!

big
NEWS!



The *May Dugan Center* is overly thrilled to announce that on October 9, 2023, Cleveland City Council awarded *May Dugan Center* \$500,000 from the American Rescue Plan Act (ARPA) to help support our \$7.4 million dollar renovation and expansion campaign!

The ARPA funds provide the *May Dugan Center* resources to support trauma programming that works with victims of crime to sustain its expansion into all Cleveland neighborhoods. The award also allows *May Dugan Center* to triple the size of its food pantry, add a GED testing center, expand its mental health and addiction counseling services, offer job training services, and assist with our newly founded *Refugee Reception & Placement* program.

Our sincerest thank you and appreciation to Cleveland City Council members for their support of the *May Dugan Center*, and in turn, providing the means to support all Clevelanders.

We also want to thank Joe Cimperman with Global Cleveland for his support, direction, and ongoing guidance in helping the *May Dugan Center* during the process. Thanks Joe!

mission

The mission of the *May Dugan Center* is to help people enrich and advance their lives and communities. Our vision is to be the leading trauma-informed multi-service agency in Cuyahoga County. Our highly effective person-centered programming leads to individual empowerment, positive mental health, adult education, workforce development, and other life advancing outcomes. The *May Dugan Center* adheres to SAMHSA protocols for trauma informed standard of care.



FOOD &
CLOTHING
DISTRIBUTION



BEHAVIORAL
HEALTH
SERVICES



EDUCATION &
RESOURCE
CENTER



TRAUMA
RECOVERY
CENTER



SENIORS
ON THE
MOVE



REFUGEE
RECEPTION &
REPLACEMENT

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Rick Kemm, May Dugan Center's Executive Director, shows off our newly constructed front door bench with lighted signage.

Construction Update!



Almost to the Finish Line!

Our front door bench and sign is one of the latest *May Dugan Center* construction items that was recently installed. *May Dugan Center* has diligently worked on the renovation and expansion of the *May Dugan Center*. The Capital Campaign began in 2018 and while we have made great strides, there is still more work to complete as we enter our final stretch.

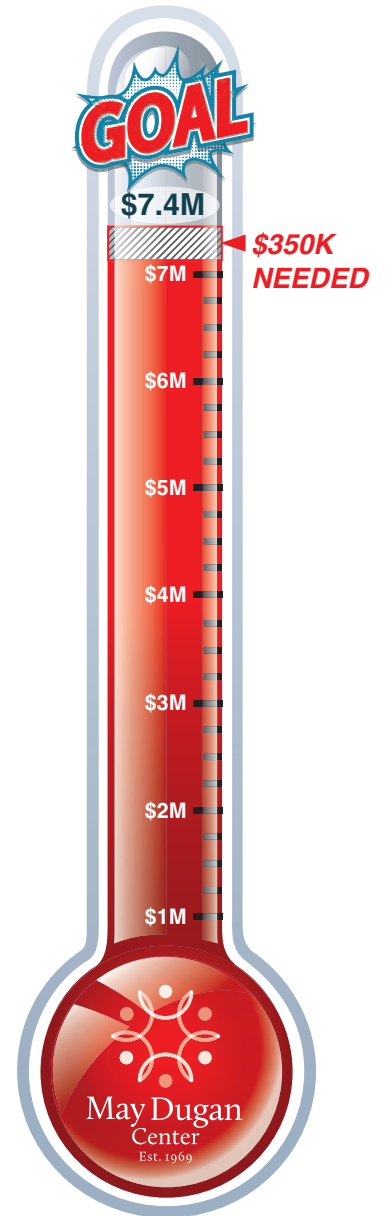
The monetary goal for the *May Dugan Center Capital Campaign* is \$7.4M and we are almost there! We have successfully secured over 93% of funding, and we have \$350K left to fundraise.

May Dugan Center anticipates closing this gap through philanthropic contributions and we hope through your generous support and contributions to *May Dugan Center* we can successfully close the gap.

You can help us close the gap by donating online at www.maydugancenter.org and visit us in person Monday – Friday 9a-5p. We can even give you a tour of the work completed to date!

maydugancenter.org/donate

Thank you!



IT'S NOT TOO LATE!

Add **YOUR** name to our donor wall display.

Make a gift to *May Dugan Center's Capital Campaign!*

WISHLIST

wednesday

Wish List Wednesday is a campaign to help promote the kindness of others and celebrate the gift of giving! Please look over our most needed items and, if able, donate today. We are extremely grateful and appreciate YOU! Consider volunteering and giving the beautiful gift of YOURSELF! YOU can make a difference!

Refugee Reception & Placement

May Dugan Center is introducing a new core program to complement our long standing food, education, behavioral health and senior support programming. We introduce you to *May Dugan Center's Refugee Reception & Placement* program, otherwise known as R&P. The Refugee Resettlement program provides critical resettlement services and other integration support to refugees arriving in the U.S. under the U.S. Refugee Admissions Program of the Department of State.

Since September R&P has welcomed 112 refugees and provided wrap-around services to integrate and root refugees in Cleveland to work and stay in Cleveland.



MDC van purchased to meet refugees at the airport and transport to a new home.

WE ARE hiring!

May Dugan Center currently has an open position with our new R&P Program for a **Reception & Placement Program Case Aide**. For more information please visit www.maydugancenter.org and send your resumes to Human Resources; ganderson@maydugancenter.org

URGENTLY NEEDED ITEMS!

Personal Products

- Feminine hygiene products such as sanitary napkins and panty liners. (**no tampons*)
- Wipes
- New bedding & pillows (*twin and double size*)

Children

- Disposable diapers and wipes (*all sizes*)
- Back packs
- Reusable water bottles
- Pencils & erasers
- 8.5 x 11 notebook paper

Household

- Brita water filter pitchers
- Buckets & mops

Cleaning supplies

- Lysol / Pinesol
- Windex
- Dishwashing liquid
- Sponges / non-scratch sponges
- Toilet bowl cleaner/ cleaning brush
- Paper towels
- Microfiber rags
- Vacuum cleaners
- Swiffers
- Brooms / dustpans

Bigger Household Items

Updating your home décor or looking to replace some items? Consider donating the following:

- Coffee tables
- Area rugs
- Throw pillows
- Washing machines & dryers
- Refrigerators

Outdoor Items

- Lawn mowers
- Leaf blowers
- Lawn & leaf bags
- Edgers
- Snow shovels
- Ice melt & sidewalk salt

Education & Resource Center June Graduation

May Dugan Center hosted their annual Education Honors Night on June 29, 2023 celebrating 65 *May Dugan Center* adult learners completing their GED, ESOL, Workforce Development, and Financial Opportunity Center® classes in the Education & Resource Center. The impactful event was covered by Ideastream Public Media. Our Education & Resource Center staff work hard to ensure our students are successful, and the students work harder. We are proud of their accomplishments!



It was all smiles during May Dugan Center's "Education Honors Night". Congratulations to all of our students!

STAFF & PROGRAM

spotlight!

May Dugan Center offers Music Therapy!

May Dugan Center is pleased to announce the introduction of our *Music Therapy* program! Music Therapy is an effective tool that helps clients relax, explore emotions, and it is known to reduce anxiety and depression. *May Dugan Center's* music therapist, Lauren Travillian, is passionate about the new program. Lauren is unwavering as to the importance of music therapy in the healing process. She said "people use music as a coping skill. Music helps people talk about difficulties in their lives because they can relate to lyrics. The transformation of a song can also elicit certain memories, feelings, and can invoke relaxation." Lauren received her Bachelor's degree in Music Therapy at the University of Dayton and she has been board certified as a music therapist since 2015. Lauren works with individual clients at *May Dugan Center* as well as the Intensive Outpatient Program and with our *Seniors on the Move* program. Recently, Lauren played with a *May Dugan Center* Behavioral Services client for the ADAMHS Board of Cuyahoga County and she performed at the *May Dugan Center* Tree Lighting Ceremony & Open House.



**DID
YOU
KNOW**

"People use music as a coping skill. Music helps people talk about difficulties in their lives because they can relate to lyrics. The transformation of a song can also elicit certain memories, feelings, and can invoke relaxation."

~ Lauren Travillian, MDC's Music Therapist

SAVE THE
date!

2024 Summer Soiree

MAKE SURE YOU SAVE THE DATE FOR
THE NEXT SOIREE!

**FRIDAY, JUNE 7, 2024 AT WINDOWS
ON THE RIVER**

WE'LL PROVIDE MORE INFORMATION
AS THE DATE APPROACHES!



On June 2, 2023, May Dugan Center had its first annual Summer Soiree held at Windows on the River. It was such a success, we are looking forward to a second annual next June!



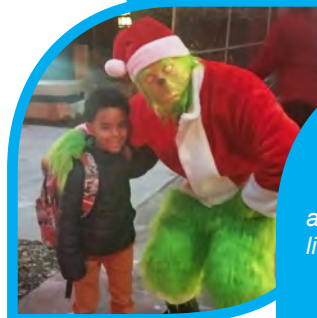
May Dugan Center's 14th Annual Tree Lighting

This year our 14th Annual Tree Lighting Ceremony was coupled with an open tour of our building! This free, festive event helped to support the **May Dugan Center** and its services to the community. The streets were filled with holiday music, refreshments, and the lighting of our 40' tree! Entertainment was provided by *May Dugan Center's Seniors on the Move Choir*, the *Urban Community School Choir*, and the Dan Maier Jazz band.

Even Santa Claus made a special appearance and participated in the festivities while fending off the Grinch! Our evening ceremony was enjoyed by many. If you were unable to join us, feel free to reach out for a building tour so you can see the progress we have made and what remains to be completed.



Our 14th Annual Tree Lighting & Open House included amazing ice sculptures, live music and carolers, including a visit from the Grinch!



Core Programming Updates



The expansion of May Dugan Center's Food & Clothing Distribution Program ensures a safety net for our most vulnerable.



FOOD & CLOTHING DISTRIBUTION PROGRAM

From January 2023, through November, 2023, the May Dugan Center has served over 589,500 meals, which is an increase of approximately 11% over the same period of time in 2022.

Moving forward into 2024, with the renovation and expansion of the May Dugan Center building, we will be able to provide food distribution three times per week distribution of staple pantry items, fresh produce, meat, and household goods. Our new space enables May Dugan Center to increase our meal distribution to over 950,000 meals distributed annually—a 63% increase over 2022 levels.



BEHAVIORAL HEALTH SERVICES

BHS Did you know that May Dugan's Behavioral Health Services program is CARF accredited?

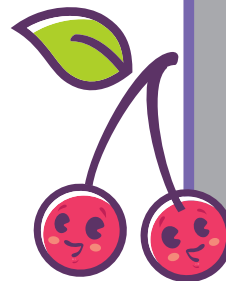
We are pleased to announce that **May Dugan Center** received our 3 year accreditation notice as a CARF provider! This allows our mental health therapists and Substance Use Disorder clinicians to bill Medicaid, Medicare, or private client insurance, if available.



WINTER BREAK SCHOOL LUNCH PROGRAM!

To end the year on a continued note of success, in partnership with the Jewish Federation of Cleveland, May Dugan Center is hosting a lunch program over winter break for school age children in grades PK- Grade 8! Mark your calendars as we will have lunch provided on the following dates; **Tuesday, Wednesday, Thursday December 19, 20, 21, 26, 27, 28 from 11am-2pm.**

In addition to lunch we will have crafts and activities for all ages. RSVP on the food appointment line at **216.631.5800 x 300.**



COME JOIN IN THE FUN!

CARF stands for the Commission on Accreditation of Rehabilitation Facilities. CARF is an international non-profit accreditor for health and human services organizations that provide behavioral health, aging, and community services, such as the programming provided by May Dugan Center.

Also, with the renovation and expansion of our building we now have additional private therapy rooms allowing Behavioral Health to see up to 225 more clients per year, bringing the annual total to over 700 people.



RECOVERY

TRAUMA RECOVERY CENTER

The first center of its kind in Cleveland, the Trauma Recovery Center (TRC) provides immediate and critical assistance to victims and survivors of crime.

These services include immediate crisis management and safety planning, trauma based education and support services, advocacy and stabilization planning, coordination of care, victim's compensation, and long-term stabilization assistance. May Dugan Center is pleased to announce that in July 2023 the TRC was expanded to all Cleveland

neighborhoods, serving the entire City of Cleveland. Since its expansion a mere three months ago, the TRC has helped more victims and survivors of crime than they were able to help in all of 2022.

The TRC is a partnership with law enforcement, hospitals, and other community agencies, primarily funded by a Victim of Crime Act grant through the Ohio Attorney General's office.

EDUCATION & RESOURCE CENTER

The Education & Resource Center is settled into its brand new space!

Our Education & Resource Center now has a large area conducive to meaningful instruction as well as individual study areas with computers and headsets. We have expanded our workforce development programming and staff, as well as our job placement program, where we offer career exploration, soft skills trainings, assistance finding a job, and connection workforce development trainings in high demand jobs in IT, manufacturing, and Health Care.

So far in 2023, we have 197 adult students enrolled with an 86% retention rate. Those numbers are expected to rise with the addition of the new R&P program. At the Education & Resource Center, refugees will be able to receive ESOL and workforce development classes as well as financial coaching through our Financial Opportunity Center®. GED classes will also be available.

All workforce, financial, and GED prep programs are now offered in Spanish!



Take a look at the Education & Resource Center's newly expanded and colorful space! On your mark, get set, LEARN!

SENIORS ON THE MOVE

The May Dugan Center's Seniors on the Move have been busy the last few months. In addition to gathering together weekly for meals at May Dugan Center, they have taken several field trips including trips to the Cleveland Aquarium, and caught a Cleveland Guardians ballgame, and also took a trip to Amish Country. Currently, along with our Music Therapist, the seniors enjoy learning new songs for future performances!

Seniors enjoy fun-filled field trips throughout the year!



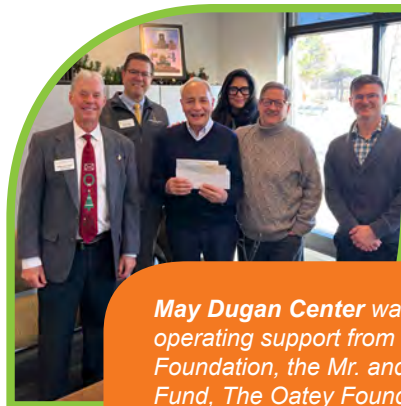


4115 BRIDGE AVENUE • CLEVELAND, OH 44113
maydugancenter.org

TO MAKE A DONATION PLEASE VISIT:

maydugancenter.org/donate

FOLLOW US ON:



May Dugan Center was honored to receive operating support from the Community West Foundation, the Mr. and Mrs. William R. Oatey Fund, The Oatey Foundation, and the Community West Foundation Community Impact Fund. We are humbled by your ongoing support and accept your generous donation with heartfelt gratitude.